

Curodont™ Post-Operative Instructions

Today, we applied Curodont™ Repair to your child's tooth. This is non-invasive treatment designed to help regrow and "repair" early-stage cavities by guiding minerals back into the enamel.

Please follow these instructions:

- 30 Minutes: Your child must not eat, drink, or rinse. The solution needs this time to soak deep into the tooth's surface.
- Next 2 Hours: Avoid highly colored or staining foods/drinks (like berries, soda, or tomato sauce) as the treated area is most absorbent during this window.

What to Expect

- Curodont is completely clear and will not stain the tooth or skin.
- Curodont forms a "scaffold" inside the early cavity that attracts natural minerals from saliva to rebuild the tooth over several weeks.
- This procedure is completely drill-free and painless..
- Diet: A diet rich in Calcium and Phosphate (found in dairy, leafy greens, and nuts) is crucial during the weeks following treatment to provide the "building blocks" for repair.
- If your child's diet is limited, we strongly recommend using a toothpaste that contains Calcium and Phosphate to support the regeneration process.

Long-Term Success & Monitoring

- Reapplication: Depending on the tooth's response, Curodont may need to be reapplied once a year to continue the strengthening process.
- Follow-up: We will monitor the area at your child's next 6-month check-up.
- Restorative Options: If we notice the tooth structure is breaking down or the cavity is progressing despite treatment, we will discuss traditional restorative options (like a filling) to ensure the tooth remains healthy.

